

## MAAM Guidelines

I. Cooper and Kathleen are certified coaches with a focus on neurodiversity, ASD (Asperger's/ Neurotypical relationship coaching).

As such, please do not recommend or make reference to group members regarding therapists, counselors, coaches, or your own practice, with in the group or privately, without approval. We do have a referral section and a list of licensed ASD therapists, and an ASD evaluator.

II. Because we are in this group to have a safe place to discover, learn, and grow in neurodiversity, we ask the following:

A. Respect the privacy of information you share regarding your spouse and/or child that's not in the group. General information is welcomed. However, some intimate information needs to be treated privately, with a coaching session. This is for your own protection and that of your marriage and/or parental relationship.

B. For couples that are both in the group:  
Speak respectfully of one another, take care as to not enter into passive/aggressive interaction via your posts. Refrain from sharing private details regarding your relationship, which is better shared in a coaching session.

C. No heated disagreement among couples, or other members in group.

D. No doctrine/theology debates among member postings. No political discussions among member postings.

E. Please respect both ND and NT members. Refrain from venting, bashing that speak negatively. Such comments will be deleted, and we will offer you the opportunity to re-word your post.

F. When you get ready to submit a post: please word your post with the format below:

I am ND-or-NT

I am undergoing -or- encountering\_\_\_\_\_. Summarize and be very brief in your question or need, as to not overwhelm with details, the other members in group.

G. If you have a book, YouTube, article, and/or podcast, please request approval from admins first, before sharing in group.

H. Remember Everyone's Privacy

What is shared in group, must stay in group. It's not to be shared with anyone or anywhere outside of group.

III. Regarding Sunday mornings:

Because we are a Christian group, its important to us to set aside 6am- to-12pm PST (California Time) to honor the Lord with praise, worship and thanksgiving, for all He does and is doing for us. You are welcome to join us, to post songs and scriptures, during this time. At 12:00pm, the normal conversation threads will re-open.

IV. Classes, Studies, Zoom Meet-Ups

We encourage and invite you to participate in our group classes, studies, Zoom meet-ups. This provides community, knowledge, and skills to learn about yourself, as well as how to navigate

in a neurodiverse relationship. This also provides a safe place for us to share our experiences with others who can understand.

V. Show Support for Other's Post

When a member posts in general -or- for prayer support, please offer your suggestion (no advice), if for prayer, please post your prayer or at least the praying hands emoji. We are all here for support; to receive support and to offer support.

VI. Aspie Men For God

This is a private, for men's only, Aspie Group. Cooper and Doug are the co-facilitators. There the Aspie men can connect, fellowship, pray, and support one another's needs.

Thank you.