

## Example Prayers for Binding and Loosing

### Binding

I bind \_\_\_\_\_ will to the perfect will and purposes of God.

I bind \_\_\_\_\_ mind to the mind of Christ, that  
\_\_\_\_\_ very thoughts, feelings, and purposes of  
\_\_\_\_\_ heart are to those of God's heart.

I bind \_\_\_\_\_ emotions to the fruits of the Holy Spirit, which  
are love, joy, peace, gentleness, kindness, goodness, meekness,  
faithfulness, and self control.

I bind \_\_\_\_\_ feet to the paths of righteousness, that  
\_\_\_\_\_ steps are steady, and sure.

I bind \_\_\_\_\_ to the work of the cross with all its mercy,  
grace love, and forgiveness, and for \_\_\_\_\_ to die  
to self.

I bind \_\_\_\_\_ to the blood of Jesus, that healing atonement  
of the blood is constantly before \_\_\_\_\_ and  
about \_\_\_\_\_.

### Loosing

- A) In the name of Jesus (crush, smash, shatter, disrupt, dissolve, and destroy)
- B) Rip apart, melt, and tear down.
- C) Lacerate the evil imaginations the enemy set up in their minds.

I loose every stronghold over \_\_\_\_\_ that's made up of wrong"

Attitudes

Patterns of thinking

Beliefs

Behaviors

Ideas

Motivations

Habits

Desires

I loose any strongholds over \_\_\_\_\_ that justify and protect hard feelings against \_\_\_\_\_.

I loose the power and affects of deception and lies over \_\_\_\_\_.

I loose from \_\_\_\_\_ the confusion and blindness of the god of this world, that keeps \_\_\_\_\_ from seeing the light of the gospel of Jesus.

I loose generational bondages from \_\_\_\_\_ caused by \_\_\_\_\_ mistaken or by those who came before \_\_\_\_\_.

Finally, I bind (tie up with a cord) the strong man, satan, and all his minions, cohorts, principalities and powers of the air. I spoil his

house and take back all that he has wrongfully stolen from \_\_\_\_\_, and then I loose his influences over every part of \_\_\_\_\_ spirit, soul, and body. I loose every evil desire that \_\_\_\_\_ may try to use against \_\_\_\_\_ in their sphere of influence.